

**Issue 49**  
**July — August 2024**



# **West Row Parish Echo**



# Useful Information

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- **Printed By: [riverside-print.com](http://riverside-print.com)**

**NEXT ISSUE: Published September 2024**

## Useful Phone Numbers

- ◆ Emergency for Police, Fire, Ambulance 999
- ◆ Police (Non-emergency) 101
- ◆ A & E (Addenbrooke's) 01223 217118
- ◆ Addenbrooke's Hospital (Cambridge) 01223 805000
- ◆ Newmarket Hospital 01638 558400
- ◆ West Suffolk Hospital (Bury St Eds) 01284 713000
- ◆ The Market Cross Surgery- Mildenhall  
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- ◆ Reynards Surgery—Red Lodge  
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- ◆ Electricity Emergencies—Power Cut 105
- ◆ Electricity Potential Hazards 0800 404090
- ◆ Anglian Water Leaks 0800 771881  
 - 24 hour line 0345 7145145
- ◆ Social Services—office hours 0800 911109  
 - out of hours emergency 0800 8004005
- ◆ Refuse Collection 01284 757320
- ◆ RSPCA Suffolk 0300 9997321
- ◆ Citizens Advice 0808 2787868
- ◆ Mildenhall Hub 01284 757473
- ◆ RAF Mildenhall 01638 545555

## Dates for your Diary

### July 2024

- Friday 12th Academy Summer Fun Fest at  
Village Hall 5p.m.
- Tuesday 16th Community Lunch Baptist Chapel  
Call 07796 616679 to attend
- Friday 26th Fish & Chip Lunch Village Hall.
- Saturday 27th Bingo West Row Bowls Club

### August 2024

- Tuesday 20th Community Lunch Baptist Chapel  
Call 07796 616679 to attend
- Friday 30th Fish & Chip Lunch Village Hall
- Saturday No Bingo (resumes in September)

### St Peter's Church

- 1st & 3rd Sunday Sunday Celebration 11 a.m.
- 2nd & 4th Sunday Holy Communion 11 a.m.

## Parish Councillors

- |                            |              |
|----------------------------|--------------|
| Alan Fisher                | Chair        |
| Rosalind Hamill            | Vice Chair   |
| Michael J Peachey          |              |
| Teressa Gooch Taylor-Balls |              |
| June Goodenough            |              |
| Alan Goodenough            |              |
| Lisa Baker                 |              |
| Martin Connery             |              |
| Sally Knight               |              |
| Sharon Vale                | Parish Clerk |

Contact details: [westrowpc@gmail.com](mailto:westrowpc@gmail.com)

## West Suffolk District Councillors

- Mick ( Michael) Bradshaw
- Don ( Donald) Waldron

## **Our deadline for**

**September/October 2024 is: 15th August 2024**

Please email Helen Webber at  
[helen.webber60@gmail.com](mailto:helen.webber60@gmail.com)

Anything received after this date may be included in the next  
issue

**The Parish Echo** editorial team takes no responsibility for endorsements of, or statements made in published adverts which are accepted in good faith. However, we reserve the right to refuse any advertisement, article, or item that we feel is considered inappropriate for publication.

## A note from the EDITOR

Welcome to the latest edition of the West Row Echo, which I hope you will have time to read.

Do you ever look at the trades people's advertisements in the Echo? There are many varied services on offer so do consider these local people for any needs you may have.

Also, when you've finished with the magazine, keep the useful phone numbers listed on page 2 as you never know when you might need them.

It was pleasing to see how the Village celebrated the 80th. Anniversary of D = Day with photographs on pages 12 & 13. Also volunteer 'knitters' are needed in helping to provide poppies for Remembrance Day in November. See details 10.

Are you interested in becoming the Local Recorder for West Row? See details on page 18.

Other items to look out for are, Ask Jordan's article, news from the Shed and the invite from Newmarket Model Flying Club.

Hoping you all enjoy some good summer weather when it arrives!

Peter Rolfe

Editor

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### Late Spring/Early Summer Quiz Answers

1. Dominoes 2. Tiddlywinks 3. Baseball 4. Trumps 5. Rowing 6. Rugby League 7. Chess  
8. Poker 9. Curling 10. Marathon 11. Roulette 12. Bowls 13. Archery 14. Speedway  
15. Blackjack 16. Cluedo 17. Judo 18. Pontoon 19. Marbles 20. Monopoly

Fifteen entries were received with four people having all correct answers.

The winner, drawn by lot, was Lucy Rycroft-Smith, The Old Plough, West Row

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**Our Foundation offers a great range of sports, classes, clubs & opportunities for all the community to enjoy including a FREE Tennis Court, Childrens Play Park, Football Pitch & Pavilion (to hire) plus the following inside the hall:**

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**PWL Acro & Gymnastic Club for children/adults of all ages  
([pwldance.co.uk](http://pwldance.co.uk))**

**TUES 7-8pm**

**“Pilates for All” – Karen Peachey-Gallagher. All abilities & ages.  
Contact Karen (07554 119550)**

**THURS 6-6.45pm**

**“STEP AEROBICS” – Open to everyone! Booking essential. Contact  
Karen Peachey-Gallagher (07554 119550)**

**THURS 7.30-9.30pm**

**SWING JIVE CLASSES—Contact Martin /Caroline Culverhouse on  
07886 492772 or Linda/Dale Goldthorpe 07399 776994**

**FRI 12.30pm**

**Monthly Fish & Chip Lunch. Contact Roz Hamill 07887 668145 or  
[Rosalind\\_hamill@yahoo.co.uk](mailto:Rosalind_hamill@yahoo.co.uk)**

**FRI 5.30-7.30pm**

**Martial Arts Training with Darren Hart. Children & Adults welcome  
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**Hall Fees: £15 per hour (residents of parish) / £18 per hour – non residents**

**Extra Charge for Bar & Sun Lounge Hire**

# West Row Academy



## West Row Academy is listening to you

One of the most fundamental roles of a school is to listen – something that can of course happen in many different ways. It could be school leaders listening to their staff or staff members listening to their pupils. And it can also be a school listening to their parents and community about things that are going well and things that could be improved.

As Chair of Governors at West Row Academy, I never underestimate the power of listening. This was never more apparent than our recent school surveys, and we thank every pupil, staff member, parent and family who took the time to let us know their views. Every single voice is important as we continue our journey of improvement and continue to make the school a proud heartbeat of our community.

There were so many positives in the survey and it was clear that our pupils, staff and parents feel we are moving in the right direction. But we are not there yet. The school, under Headteacher Elisabeth Close, has put in a programme of improvements and so some of the survey answers were no surprise to us. The survey is an important document and one that shows the school is listening.

Every day, I see school staff that are working so hard to make a difference to young lives at West Row Academy. For instance, the school has started a priority reading list, something that has further enhanced the culture of reading both in the classroom and at home. It is essential that pupils are able to read fluently and with confidence to ensure they have the best foundations to be ready for secondary school learning and the necessary tools for life.

You may have also seen in the local newspaper that our early years provision has begun benefiting from a brand-new outdoor learning area.



The outdoor play area was funded by Unity Schools Partnership, of which West Row is a member school, and completed over the Easter holidays. Mrs Close, and everyone connected with West Row Academy, believe one of the things that sets our school apart is the outdoor space with large playground and playing field. In Mrs Close's words: "This improved area for our youngest pupils is a fantastic addition to compliment all our outdoor learning opportunities. Our children have already been benefiting from using it." The fantastic space will support pupil development in all areas of learning and it will be exciting to see the outcomes in our children's development.

I intend to keep you regularly updated with news and developments at the Academy.

*Evan King*



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## NEWS FROM YOUR COUNCILLORS AND COMMUNITY OFFICERS

Hello, and thank you for reading my column in this great Parish magazine. Depending on when you are reading this, the General Election is just about to take place or has taken place. Whatever the result, alongside Cllr Lance Stanbury, I have been showing the Conservative candidate for West Suffolk, Nick Timothy, around West Row and its surrounding villages and discussing the critical issues in our community, from access to GP services to Sunnica. I do hope you can vote or are going to vote, as these elections will decide the course of direction for our country for the next five years and, as such, matter.

Summer is apparently here; rain lashes at the window as I write this article. So, fingers crossed, we have a glorious July and August for a change.

Look out for the West Row Academy PFA Summer Fair date. Also, we have The Mildenhall Cycling Festival Mini-Fest on Sunday, 25 August, and it is a great spectacle, organized as always by the Mildenhall Cycling Club.

Throughout the summer, The Shed will have its excellent food stall and be a great place to meet others and lend a hand.

July also celebrates the local heroes who contribute so much to village life. The parish council will present the Community Spirit Awards, recognizing individuals who have gone above and beyond in their service to West Row. From organizing events to helping maintain communal spaces, these unsung heroes embody the spirit of generosity.

In practical news, there are still the ongoing roadworks on Church Road, scheduled to be completed by the end of June, so hopefully, it will be completed by the time you read this article. While temporary inconveniences are inevitable, the improvements will significantly enhance road safety and accessibility. And then there is the new housing being built in the village, which will bring much-needed affordable housing once completed.

If you spot a pothole, it's important to report it via the website tool. You'll then receive email updates about its repair progress.

[www.highwaysreporting.suffolk.gov.uk](http://www.highwaysreporting.suffolk.gov.uk)

I am always looking for ways to help the village and improve services. As well as deal with problems that might occur with a service provided by Suffolk County Council. So, if you have any issues or concerns, you can always call or email me, and I will do my best to help.

I do hope you have a great summer.

Take Care.

Colin Noble,

Suffolk County Council Councillor for Row Heath Division.

07545 423 795

[colin.noble@suffolk.gov.uk](mailto:colin.noble@suffolk.gov.uk)

As we approach the summer, I am reminded of just how important different professional opportunities are or what experiences can be available for young people of all ages. Recognising just how important these opportunities can be for young people's professional development, I wanted to highlight how these can be applied. Starting with encouraging the next generation to learn more about gardening from the fantastic resource in "the shed", this community resource allows individuals to see what its volunteers are growing and how they support their community. Organisations and charities with similar goals to the shed also provide a plethora of resources that other youth groups such as scouts and guides associations can also access free resources that they can use not only to encourage young people to work towards their various badges and awards but also can link it to other organisations which they can place on CVs and applications. Project and activity resources from Jane Goodall's Roots and Shoots programs can support anything land and environment-related.

The surrounding schools can also work with charitable organisations such as the Brilliant Club to bring in research students to work at the schools. These researchers then deliver sessions to the students for seven weeks, during which they speak about various topics for both primary and high school students. This gives them opportunities to learn from researchers and learn more about university and academia. The students can also have the opportunity to receive their certificate of completion of their programme at a leading UK university. A similar charity, Young Enterprise, also has a fantastic programme for students to learn about entrepreneurship. Young Enterprise provides experiential learning opportunities, with the support of volunteers from various industry sectors, enabling young individuals to acquire practical skills essential for navigating life after formal education and entering the workforce. This organisation focuses on equipping young people with skills, knowledge, and abilities in eight critical employability competencies. These competencies aim to facilitate successful transitions for these individuals into further education, employment, or training opportunities. Some other resources are available from Community Action Suffolk for other volunteer opportunities.

Best wishes

Jordon Millward *BSc, MSc*

Director and Researcher

<https://www.askjordon.co.uk/>

<https://www.linkedin.com/in/jordon-millward-13115600/>



## Parish Update – July— August 2024

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### Annual Council Meeting .

Each May we have to hold a meeting to elect the Chair and Vice Chair for the next 12 months.

Cllr Alan Fisher was elected as Chair and Cllr Rosalind Hamill was elected as Vice Chair.

### Verge and hedge cutting.

The Parish Council has chosen to employ a contractor to keep the verges and hedges cut for reasons of safety and appearance.

This is in addition to any cutting that West Suffolk, County, or Highways do in our village.

We are looking at other areas of the village that could be improved with a little bit of TLC.



### Parish Office .

We have entered into an agreement with the Bowls Club, and from June 19th we will be holding all our Council meeting at our new Parish Office ( the former Bowls Club outdoor clubhouse building ) at 7 pm as usual.

### Parish Council Surgery Days .

Now we have a Parish Office, we are considering holding regular surgery days.

If a day and time would be ideal for you please let the Clerk know.

### D Day Events

The Parish Council would like to thank everyone who attended the various events that were put on over the 3 days .

The raising of the Flag of Peace which was attended by Year 6 of the West Row Academy and others went well with the children leading us all in singing the National Anthem.

The Beacon lighting was well attended and was appreciated by all.

The pop-up Museum, Charity Bingo and the Forties Night hosted at the Bowls Club were very successful and well attended.



### Village Hall Grant

We were pleased to award a grant to the Village Hall Foundation, to assist with support for the Play Area.

The Foundation do a wonderful job ( mainly with volunteers ) keeping the Play Area safe, clean and exciting for all the children in the community.



### Future Events.

#### Remembrance day 11th November

Poppy Knitting volunteers

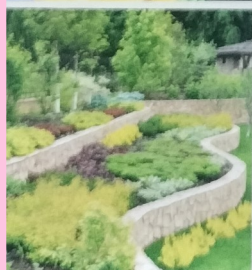
We will be continuing to knit through September. Putting the display together in October ready for display from 1st November on the Church Green by the War Memorial to mark the Remembrance Day events

Alan Fisher  
Chair West Row Parish Council



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# D-DAY 80 YEARS ON WEST ROW REMEMBERS

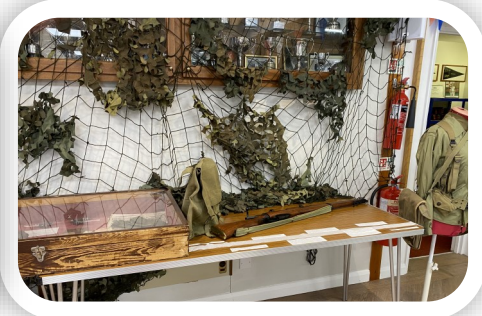
**THE RAISING OF THE PEACE FLAG, LAYING OF THE WREATHS AND WEST ROW ACADEMY  
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## WEST ROW BOWLS CLUB NEWS

The Club is almost half way through its outdoor season and three of the five sides are in contention for league honours as well as progressing well in various cup & shield competitions.

The Wednesday evening coaching sessions on the indoor green for members who do not wish to bowl out doors have been well attended. Many of these members who only started bowling from last September onwards are entering teams in the 2024 -25 indoor season.

As a reminder coaching is still provided each Wednesday 6.30 p.m. 8.00 p.m. Any one interested in taking up the sport of bowls is offered their first five coaching sessions free of charge. Following this, new members can join as a Social / Beginner at a cost of £18.

Away from bowling, the Club hosted various recent D-Day celebrations with a pop up museum and a memorable dance led by the Knightingales singing group. Please look out for pictures of this event in the magazine.

Many members and other volunteers turned the indoor bowling green into a dance floor, stage, plus tables and seating for around 200 people. It is estimated around 120 people hours were spent in making the changes to provide this facility and clearing it away again. Thanks to all who helped in any way!

It is pleasing to report that the last Bingo session held at the Club raised around £650 for the St. Nicholas Hospice. Thank you to all who attended and those who donated raffle prizes.

West Row Bowls Club is a thriving Club where membership is on the increase, bucking the national trend. However the Club still welcomes new members as bowlers or those who wish to join on just a social basis.

**For information regarding any aspect of the club please contact Club Coach, Peter Rolfe, tel: 07501 640328 or email:**

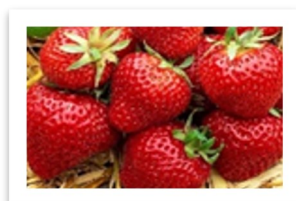
**[peter.rolfe3@btopenworld.com](mailto:peter.rolfe3@btopenworld.com)**

## AROUND THE ALLOTMENTS IN JULY AND AUGUST



The summer months have finally arrived and, despite the horrible wet weather we have had throughout spring, hopefully we are experiencing some nice warm weather and good growing conditions for both allotments and gardens.

Strawberries and soft fruits such as raspberries and gooseberries should be cropping well and it's a good idea to keep them netted for some protection against birds. If you have plenty to spare, soft fruits can be frozen for use in the winter and to make tasty homemade jams and preserves.



*Strawberry: Cambridge Favourite*

A helpful website with lots of recipes can be found at <https://www.bbcgoodfood.com/recipes/collection/jam-recipes>. It's important to keep vegetables well-watered which will help to promote good growth, healthy plants and well-laden crops. In the latter part of the summer, strawberry plant runners can be planted ready for next year's crop

Now is the time to set crops such as winter cabbages and winter greens ready for harvesting in the colder months. Netting the small plants will help to limit damage by pigeons and other pests until the plants have time to get established. It's a good idea to maintain regular cleaning and weeding of the allotment or garden which will not only help the plants grow stronger and healthier but will also help to keep pests such as slugs and snails at bay. Crops such as beetroot, peas, Swiss chard and turnips can be directly sown into the soil.

Keep a close eye out for potato blight which can also spread to tomato plants as they are in the same family. If you do find potato blight it is best to dig up and dispose of the infected plants to try and stem the disease before it spreads. More detailed information and images of plants with potato blight can be found at <https://www.rhs.org.uk/disease/potato-blight>. It's a good idea to pinch out the top and side shoots of outdoor tomato plants, usually when you can see four to five trusses. In August/September onions can be dried outside in sunny weather but if it's wet it is best to dry them indoors to prevent rot.



*Braised Sweetcorn with Lime and Chilli*

By mid-July to August, it should be time to harvest crops such as sweetcorn, runner beans and French/dwarf beans along with courgette, marrows and aubergines. Salad veg such as lettuce, cucumber, radishes, tomatoes and beetroot should also be cropping well, ready for tasty summer salads. A recipe for Braised



*Lettuce: Mixed Continental*

Sweetcorn with Lime and Chilli can be found at <https://www.riverford.co.uk/recipes/braised-sweetcorn-lime-chilli>

Lots of helpful information for growing fruit and veg along with advice for dealing with pests and diseases can be found at websites sites such as The National Allotment Society at [www.nsalg.org.uk](http://www.nsalg.org.uk), the Royal Horticultural Society at <https://www.rhs.org.uk/> and also [www.ukgardening.co.uk](http://www.ukgardening.co.uk)  
Wishing everyone a lovely, warm, sunny summer.



## **St Peter's Church West Row**



### **CONTACT:**

**Vicar:** Rev'd Mark McCaghrey

**Tel.:** 01638 495001

**Email:**

[mark.larkandlee@outlook.com](mailto:mark.larkandlee@outlook.com)

**Churchwardens:** Beryl Austin 01638 712708 - Debbie Eaglen

**Elders:** Tricia Leverington - David Sennitt

Hello, my name is Mark McCaghrey and I am the new Vicar of St. Peters, (as well as Barton Mills, Freckenham and Worlington). So here's a little about me...

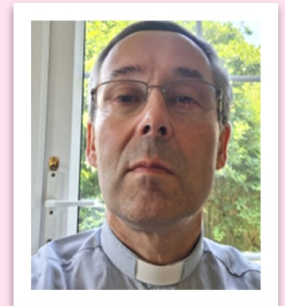
I grew up in West Norfolk, in a house leased from the Sandringham Estate. At the age of 18 I had two plans for my life – to leave East Anglia (because life was more exciting, and the beer was better elsewhere) and to never enter a religious building in my life (because I was an atheist and had got thoroughly bored by school religion). As you can tell I have achieved both my plans very well!

I became a Christian in 1986 at university and then moved to Farnborough in Hampshire to work as a Software Engineer. It was in Farnborough that I met my wife, Fiona. I left Farnborough to train as a Vicar, and in 1997 moved to Lowestoft where I was Vicar of parish in the most deprived part of the town for 15 years. I then moved to Mattishall in Norfolk to be Vicar of six rural villages until the move back into Suffolk to become your Vicar.

Outside of my role as Vicar, I like to spend time with Fiona and my family – I have four adult children, and two small grandchildren – enjoy walking, good meals and watching movies. Fiona is a primary school teacher in Brandon.

I am looking forward to getting to know you and serving the village as your Vicar. It is a great privilege to be a Vicar, to be involved in important events in the community, or in people's lives such as Christenings, Marriages and Funerals. It is also a privilege to share with you the good news which I discovered for myself nearly forty years ago – that the Creator of the Universe, loves me and you personally, sent his only Son to die for us, and wants us to be with him for eternity.

There's a song that I love that brings all this together. It's called "So Will I" and you can find it on YouTube here <https://www.youtube.com/watch?v=C2U7ffUM5Ec>. Why not have a listen?





Would you like to be the Local Recorder for:

WEST ROW

The Suffolk Local History Council runs a Local Recorders Scheme throughout Suffolk. We administer a network of volunteers to ensure that the '*present*' is adequately recorded at local level for the '*future*'.

A Local Recorder will note significant happenings in their parish and collect their local parish magazines, leaflets, election pamphlets and newspaper cuttings. At the end of each year, they are asked to submit a short report summarising the activities of their parish. The reports are deposited at the Suffolk Record Office and available to future researchers together with the collected items.

If you are interested, please look at the Recorders Pack by visiting [www.slhc.org.uk](http://www.slhc.org.uk), click on Recorders, then click on Recorders Pack in the text on the left hand side to acquaint yourself with the guidelines of the scheme. You do not need to be a historian; you do not need any qualifications other than an interest in your parish. In return you will receive a copy of the SLHC Newsletter and be invited to the annual conference specifically for Local Recorders. To volunteer to help in this important work, please contact [recorders@slhc.org.uk](mailto:recorders@slhc.org.uk)



# West Row Baptist Church



## From the Pastor's Desk

[evan@westrowbaptistchurch.org.uk](mailto:evan@westrowbaptistchurch.org.uk)

The Olympic Games will shortly be upon us and many of us will once again be glued to the TV as we watch the amazing athletes in their craft. While the Gold Medalists take center stage, sometimes the wonderful acts of sportsmanship and kindness only filter through sometime later, if at all. There is the story of Henry Pearce of Australia, who was competing in the single scull rowing event at the 1928 Olympics. He was leading when a duck and her string of ducklings came into view up ahead. They were on a collision course and Pearce reckoned that his scull would cut the string in two and sink a few ducklings in the process, so he pulled in his oars. When the ducks passed, Pearce again bent his back to the task. There's a happy ending to the story. Pearce won. Usually, acts of kindness in sport result in defeat.

Remember Leo Durocher's pronouncement, "Nice guys finish last"? It happened a number of years ago in the marathon tandem kayak racing event at the world championships in Copenhagen. Danish paddlers were leading when their rudder was damaged in a portage. British paddlers, who were in second place, stopped to help the Danes fix it. The Danes went on to defeat the British by one second in an event that lasted nearly three hours. But there's a happy ending to this story too. According to The Wall Street Journal, the British kayakers won what many people regard as the highest honor in sports. They became the winner of the Pierre de Coubertin International Fair Play Trophy. The trophy is named for the founder of the modern Olympic Games, and it has been awarded annually for some time now to people in sports who have demonstrated nobility of spirit. It is big news in Europe, but it has not been given much recognition in the United States. In the past, the trophy has gone to a Hungarian tennis player who pleaded with officials to give his opponent more time to recover from a cramp, and to a high school basketball coach who forfeited the Georgia (US) state championship after he found out that one of his players was scholastically ineligible.

The first trophy went to an Italian bobsledder named Eugenio Monti for a gesture that exhibited a touch of class. In the two-man bobsled event at the 1964 Innsbruck Olympics, Monti was the leader after his final run. The only one given a chance to beat him was Tony Nash of Great Britain. As Nash and his teammate got ready for their final run, they discovered that a critical bolt on their sled had snapped at the last moment. Monti was informed of the problem and immediately took the corresponding bolt from his own sled and sent it up to Nash. Nash fixed his sled, came hurtling down the course to set a record and won the gold medal. What a great act of kindness by Monti!

All these acts however, pale into insignificance when we think of how kind God has been to us. It tells us in the Bible in John 3:16, "**For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life.**" The bobsledder Monti gave a bolt so that someone else could win a sports event that meant so much to them, but God gave so much more, He gave His Son so that all those who believe in Him might go to heaven. But the Bible shows us quite clearly, heaven is only for those who believe. What does it mean to believe in Jesus?

It means first of all, that you are sorry for all you've ever done to make God unhappy and angry. We make Him angry and sad when we don't live as He wants us to. He gave us the Ten Commandments to show us how we ought to live but nobody except Jesus has ever been able to live their life fully meeting God's requirements.

*Continued on Page 20*

Jesus said, "I am the way, the truth and the life." John 14 v 6



# West Row Baptist Church

*Continued from Page 19*

That means that all we really deserve is to be punished by God. But God is so loving and kind that He made a way for those who are truly sorry for not meeting His standard to be forgiven and that way is Jesus. On the cross, Jesus was punished by God for the sin of all those who turn to Him to be saved. How kind is that? Jesus was willing to be punished by God His Father in the place of all those who repent of their sin and trust in Him. So, secondly, believing in Jesus, means to trust that it is Him, who through His death on the cross, has brought you into a right relationship with God.

What a great act of kindness! We are the ones who don't play fair, we don't follow God's rules, but Jesus did and yet, He was prepared to be punished so that those who trust in Him might win the prize, the wonderful prize of eternal life! Have you repented of your sin and trusted in Jesus?

Let's hope the UK does very well and brings home many medals but let's never forget the prize that is available to all who trust in Jesus, the prize worth far more than the gold, silver or bronze of the medals, the infinite prize of eternal life.

Have a fantastic summer!

*Evan*

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## Newmarket Model Flying Club

The club is holding a  
**Club Flying Day and BBQ**  
at its flying site off Gravel Drove at  
**12:00 on Sunday 14<sup>th</sup> July\***

West Row residents (including supervised children) are welcome to come along and see what we do.

[www.newmarket-mfc.org](http://www.newmarket-mfc.org)

\* Weather permitting

**BINGO NIGHT WITH MERV**  
**West Row Bowls Club**  
 Saturday 27th July  
 7:00-7:30PM  
**GREAT PRIZES! FUN FOR ALL!**  
 Licenced Bar - Raffle  
 for more details - Ring 01842 861618

Made with PosterMyWall.com

Tickets will be on sale from West Row Village store and outside school (Thursdays & Fridays). Cash payment only. Everyone welcome please share

Event sponsored by  
 Simon Long Removals Ltd  
 & Suffolk Auto Services

**West Row Academy PFA**

**£2**  
 Entry per Adult  
 Kids are free

**SUMMER FUN FEST**

FRIDAY 12TH JULY

@WEST ROW VILLAGE HALL 5PM-10PM

All children must be accompanied by an adult.  
 Tap to tag location and picnics welcome.  
 All money raised goes to the school.

Activities listed around the central image:  
 Glow sticks, Beads by shyla, Hair braids, Scarlett (Singer), Worldy (Band), Ronan Williams (Singer), Hook a duck, Bar, Tombola, Drakes firehouse, Reeseys Desserts, Bouncy castle.

**PLEASE NOTE THERE WILL BE NO BINGO IN AUGUST**

*It will be back in September after a Summer break*

### 100 Club Winner

Congratulations to this time's winner

Number 138

Carol Bebee - £55.00

For Further information or to join, contact the Sharon The Parish clerk at [westrowpc@gmail.com](mailto:westrowpc@gmail.com)

The 100 Club helps support the printing of the Parish Echo.

## DOWN THE SHED July –August 2024

[theshedcharity@gmail.com](mailto:theshedcharity@gmail.com)

What with one thing and another, updates on our Facebook Page have been a tad lacking these past couple of months. BUT, that will shortly change and we're almost up an' (running), well more a steady safe pace!

So the good news is, as always LOTS going on down The Shed. See our May Album on Facebook for all the latest pictures.

We have now completed most of our major projects which were planned over the past few years.

1. Build Raised Beds (Done)
2. Cover fruit cages with netting (Done)
3. Secure Kitchen Garden shed (Done)
4. Purchase and install secure container (Done)
5. Concrete pad for equipment access (Done)
6. Signage for seeds set (Done)
7. Investigate further sources of surplus food (Done)
8. Arrange Social event (Done)
9. Planting, weeding, harvesting (On Going)

### SUMMER SOCIAL

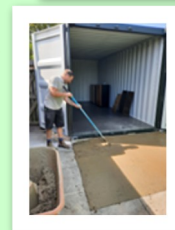
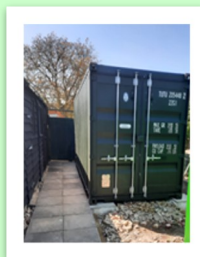
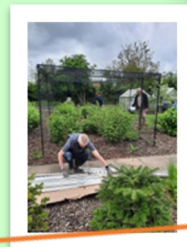
Our gates will swing OPEN on Saturday 10<sup>th</sup>, August. Come along for a bite to eat, something to drink and a wander around our "rooms".

Rooms? I hear you say. Yes, that is a "horticultural" term for gardening areas and the limit of my gardening knowledge.

We have the Woodland Walk, The Bug Hotel Corner, The Berry Plot, Seedling Nursery, don't miss our Pony Poo Compost Bin and there's 4 more !!

Our Stable Block containing the Kitchen, Tea Room and the Secret Santa Store of Surplus food for anyone who has a need. And there's more.....

We have a fully functioning Disabled Toilet, the She Shed Potting Shed, Selection of Shrubs and of course, endless smiles and warm welcomes from all of our volunteers.



They meet in our Tea Room every Thursday evening from 7.30 p.m.

All (men) welcome.

Contact Richard Fleet FMI.

Or find the group on FB

Rich's Man Club



The Shed is a registered charity and a Parish Community Asset

Our facilities are FREE to use/

All welcome to visit, browse, help or ask questions

FMI:email [theshedcharity@gmail.com](mailto:theshedcharity@gmail.com)

Tel: 01638 715329

SUMMER QUIZ 2024

All answers are animated / cartoon characters

e.g. Sounds as if she may have mended 'ringing' pots and pans (6,4)

ANS-TINKER BELL

- 1. Could be greenfly attacking an Easter character (4,5)    ANS.....
- 2. Looks as if he's poking his nose in? (6)    ANS.....
- 3. Old dad with a seeing facility? (6)    ANS.....
- 4. Now a dwarf planet? (5)    ANS.....
- 5. Tiger with an enlarged middle ? (6)    ANS.....
- 6. He claims he smarter than the average one? (4,4)    ANS.....
- 7. She might explore this alternative road? (4)    ANS.....
- 8. Not quite Harlequin's identical twin? (6, 5)    ANS.....
- 9. Sounds as if you could have a fry up with her? (5, 3)    ANS.....
- 10. A dad of two roundabout biblical disciples? (7)    ANS.....
- 11. She could be found in muddy puddles? (5, 3)    ANS.....
- 12. Arlene's boyfriend in this strip? (8)    ANS .....
- 13. Elizabeth with Bronchiolitis Obliterous Organising Pneumonia? (5, 4) ANS.....
- 14. He could change his shape in any situation? (5)    ANS.....
- 15. A happy and lucky Latin cat? (5)    ANS.....
- 16. He is seen as a flaw in a coloured diamond (4, 7)    ANS.....
- 17. Tommy's floor covering rat of a cousin (8, 7)    ANS.....
- 18. Fauntleroy is the middle name of this bird ? (6, 4)    ANS.....
- 19. George and Dandelion were the least well known of this sextet? (11) ANS.....
- 20. The corn grinder from a coloured Camberwick? (5.6)    ANS.....

NAME OF ENTRANT.....

ADDRESS.....

Contact tel. no .....

**N.B. PLEASE POST YOUR ENTRY IN THE BOWLS CLUB SILVER LETTER BOX SITUATED ON THE FENCE BY THE 4TH AUGUST 2024.**

**THERE IS ALWAYS A PRIZE AWARDED TO THE WINNER**

# **“Family Fun Day”**

**Saturday 14<sup>th</sup> September '24**



**West Row Village Hall**

**1pm -5pm**

**Dog Show, Bouncy Castle, Face Painting, Prize Draw, Tombola, Hoopla, Kids Races, Sweet Stall, Hook-the-Duck, Food Stalls, Dance Group, Sword-in-the-Stone, ‘Egg Tossing,’ Hoopla, Band Music, Tug-o-War, plus 1930’s style afternoon tea & cakes inside hall!**

**\*\*Bar will be open\*\***

**We are in need of volunteers for various times of the day!  
Please call Karen or Vicki on 07554 119550**

**Put the date in your diary!**